



CHARLES B. WANG  
COMMUNITY HEALTH CENTER  
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# The Hook Up | August 2017 Edition

## Latest Information & Opportunities

### Citi Summer Streets 2017

*Dates: August 5th, 12th, and 19th from 7:00 AM to 1:00 PM*

Do you like New York City? Do you like cycling, running or walking? Do you like waterslides? Do you like gourmet meals? If your answer is yes to any of these questions, volunteer at Summer Streets to help make the streets come alive with exciting programming and activities! NYCDOT is looking for a group of eager and enthusiastic volunteers to assist us with presenting Summer Streets. Volunteers will assist with crowd control, handing out free giveaways and much more! Come join us to experience the “open road” free of vehicular traffic and full of jovial New Yorkers! All volunteers will receive a commemorative shirt and Goody Bag packed with great gifts and snacks from our sponsors. Sign up today to become a volunteer at Summer Streets 2017 and help make magic on the streets of NYC. Volunteers must be 16 years of age.

For more info: <http://on.nyc.gov/1pJoQ64>

To apply: <https://www.timetosignup.com/ideko/>

### Brooklyn Museum Teen Programs

*Deadlines Vary By Program*

The Brooklyn Museum is currently accepting applications from high school students for exciting programs! All three programs are part-time paid positions. More info can be found at: <http://bit.ly/2tqlgmO>

- **Teen Night Planning Committee:** In this paid internship, learn more about the ins and outs of event planning in the arts! Participants collaborate with other NYC teens to design free Teen Nights, meet educators and curators to learn about visual art, and communicate with emerging artists and performers. Participants will be paid \$11 per hour until December 2017, then \$13 per hour starting January 2018. Applications are due September 29th, 2017.
- **Museum Apprentice Program:** In this paid internship, learn about art and art history with other teens from around NYC. Participants go behind the scenes at the Brooklyn Museum throughout the school year to develop your own Museum tours, teach camp groups over the summer, and plan family-friendly events. Participants will also be paid \$11 per hour until December 2017, then \$13 per hour starting January 2018. Applications are due October 27th, 2017.
- **InterseXtions (Gender & Sexuality):** Explore gender and sexuality as reflected in art, through the lenses of race, class, culture, religion, nationality, and language. This paid internship has two parts. Part One is a ten-week program, InterseXtions: Gender & Sexuality, in which you will discuss readings, look at art, and create your own interpretation of the Museum’s exhibitions. In Part Two, selected participants will return to create our LGBTQ Teen Night at the Brooklyn Museum. Email [teen.programs@brooklynmuseum.org](mailto:teen.programs@brooklynmuseum.org) for more info. Applications are due October 13th, 2017.

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### **OCA-NY Hate Crimes Prevention Art Contest 2017**

*Deadline: Sunday, August 6th*

OCA-NY is now currently accepting submissions for their 2017 Hate Crimes Prevention Art Contest! A hate crime is a criminal offense against a person/property motivated by an offender's bias against race, religion, disability, ethnic orientation, and sexual orientation. Contestants must be between the ages of 13-19 and live in NYC. Participants must attend an exhibit of all submissions at the Museum of Chinese in American (MOCA) on August 10th, OCA Asian Pacific American Advocates is a national non-profit civil rights organization promoting and protecting the rights of Asian Pacific Americans in America.

For more info: <http://www.oca-ny.org/>

Contact: [tammycheng.nyc@gmail.com](mailto:tammycheng.nyc@gmail.com)

### **Chinese-American Planning Council (CPC) 3-On-3 Basketball Tournament**

*Date: Saturday, August 12th from 9 AM to 6 PM*

CPC Youth Services is hosting a 3-on-3 basketball tournament on August 12th at Columbus Park (67 Mulberry Street) in Chinatown! Through this tournament, CPC hopes to bring youth from the local community together with a day of fun and team sport. Players of any gender ages 16 to 22 are eligible to play, and will be divided into two co-ed divisions: Youth (ages 16-18) and Young Adults (ages 19-22). This tournament is FREE to participants, and all players have the chance of winning a trophy prize. There will be professional referees this year.

For more info: [ktse@cpc-nyc.org](mailto:ktse@cpc-nyc.org)

To apply: <http://bit.ly/2vesQof>

### **Two Truths and a Lie: Writing Workshop with Bushra Rehman**

*Deadline: Tuesday, August 15th*

The course (FREE for CUNY students, staff, or faculty past and present, regardless of enrollment or graduation) will teach students the craft of writing memoir, as well as elements of autoethnography – a form of writing the self that locates personal experience within the larger forces of culture and society. Writing exercises and techniques will be used to help explore themes including race, education, caregiving, loss, social inequality and social justice. All levels of writers are welcome. The course will be taught by acclaimed poet and novelist, Bushra Rehman, and it will be held on Wednesday nights starting October 18<sup>th</sup>, 2017 at the Asian American Writers' Workshop. All writers will receive a \$50 MetroCard for their participation.

For more info: <http://bit.ly/2vbDIJk>

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### **Lowline Young Ambassadors Program**

*Application Deadline: Sunday, September 10th*

The Lowline Young Ambassadors Program will help prepare 12 rising high school sophomores and juniors for careers and educational paths in science, technology, engineering, arts, and mathematics (STEAM) related fields. Young Ambassadors will refine their communication and leadership skills through experiences such as facilitating community workshops, attending community meetings, and teaching concepts to youth. In addition, each Young Ambassador will be eligible to receive a \$1,000 scholarship for their participation in the program. This is an opportunity to get involved in the early stages of an impactful project and to join a dynamic, energetic community.

To apply: <http://bit.ly/2sqlTLO>

### **Free Tai Chi Classes at Battery Park City**

*Dates: Fridays, 8:30 AM to 9:30 AM*

Back by popular demand, the Battery Park City Parks Conservancy is offering its free weekly drop-in Tai Chi class on Friday mornings from May through October. Esplanade Plaza is located just a few feet from the Hudson River where the sights and sounds of the river provide an ideal backdrop for focusing and exercising the body and mind. No experience is necessary and all levels are welcome. Instructor Alex Hing will lead the group through gentle physical exercises and stretching. Tai Chi is a low impact exercise form practiced for both its defense training and its health benefits. In addition to teaching for the Battery Park City Parks Conservancy, Alex Hing teaches Tai Chi at the China Institute and Sacred Sounds Yoga. The class meets on Esplanade Plaza, located at the end of Liberty Street at the Hudson River.

For more info: <http://www.alex-hing.com/tai-chi/>

### **Free Kayaking Season at Pier 26**

*Dates May Vary*

The Downtown Boathouse Pier 26 (Pier 26, New York, New York 10014) is offering free sit-on-top kayaks for public use in protected Hudson River embayments at each of their locations throughout their season (May-October). They give brief instruction and provide all necessary safety equipment as well as changing rooms, lockers and locks, bike locks, sun block, and first aid equipment. This program is very popular and it provides an opportunity to create a personal connection with their waterfront, regardless of age, income or location, and it also serves to educate the communities about how far they have come in cleaning up the Hudson River. The Downtown Boat House also a series of free public classes on weekday evenings.

For more info: <http://www.downtownboathouse.org/free-kayaking>



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### Free Yoga Classes at Bryant Park

*Dates: Tuesdays & Thursdays, Starting Mid-May to September*

Bryant Park Yoga is returning for its 14th season! Stop by the park for a Tuesday morning or Thursday evening class in this flagship outdoor series. The one hour classes are offered free of charge in partnership with Manduka between mid-May and September. The instructors, curated by Yoga Journal, bring their unique teaching styles and expertise to all classes and Manduka provides a selection of colorful mats. Put on your yoga pants and get ready to be rejuvenated in Bryant Park (Upper Terrace, Bryant Park 41 W 40th St, New York, NY 10018). RSVP online for ease and convenience.

For more info: <http://bit.ly/2rLTHFR>

### YMCA (Two Bridges Chinatown) Summer Programs

*Dates Vary By Program*

- **Building Beats at YMCA:** Do you enjoy creating music? Building Beats is a DJ and music making program that teaches creativity, entrepreneurship, leadership, and life skills. They provide quality music education that's relevant and engaging to students. This program meets Thursdays from 4:30 to 5:30 PM at the Two Bridges Community Center, 286 South Street, Manhattan, New York. This program is free. For more info, contact: Kingsley Bofo at [kbofo@ymcanyc.org](mailto:kbofo@ymcanyc.org)!
- **Y-MVP Teen Fitness Challenge:** Get fit! Make friends! Have fun! Y-MVP is a FREE teen fitness program that combines fun fitness activities with an interactive app. Classes are led by a Y-MVP fitness coach twice a week for 60-90 minutes each. Students earn prizes for completing fitness missions and can access the fitness center. Middle school students at all levels of fitness are welcome. Participants meet their coach twice a week for 8 weeks on Wednesdays and Fridays from 4:30 to 5:30 PM. This program takes place at the Chinatown YMCA Cornerstone at Two Bridges. Contact Tim Hui at [thui@ymcanyc.org](mailto:thui@ymcanyc.org)!

### Turning Point Youth Program

*Dates: Fridays, 4:00 PM to 6:00 PM*

Turning Point's Youth Program offers Muslim girls and young women (ages 13-19 years) a supportive peer network and safe space to address social, peer and familial pressures, learn about their rights as Muslim girls/women and as Americans as they navigate their way through daily challenges unique to Muslims living in post 9/11 New York. The peer network offers them opportunities to develop self esteem, confidence, and leadership skills. The group has made an incredible impact on many girls, who have gained self confidence, built leadership skills, and have become empowered to talk about critical issues that affect their daily lives such as peer, familial, and societal pressure as well as gender, ethnic, and religious discrimination. At Turning Point, girls feel a sense of peace, belonging, wellness, support, and empowerment.

For more info: [info@tpny.org](mailto:info@tpny.org)

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### **College Assistance Migrant Program (CAMP) — Grant/Scholarship**

*Application Deadline: Varies By Applicant*

The College Assistance Migrant Program (CAMP) is a unique federally-funded educational support and scholarship program that helps more than 2,000 students annually from migrant and seasonal farm-working backgrounds to succeed in college. Participants receive financial assistance during their freshman year of college and ongoing academic support until their graduation. Application deadlines and award amounts vary for each grant, and will depend on applicant's unmet financial needs as per FAFSA and individual college guidelines. Applies to a list of 35-40 current colleges and universities.

For more info: <http://www.migrantstudents.org/scholarships/campscholarship.html>

### **Bella Abzug Leadership Institute (BALI) Internship**

BALI encourages young women and men to participate in their internship programs that support the empowerment of women and girls. As defined in their mission, they work to deconstruct prescribed gender roles that hinder the success of women, men, and non-gender conforming individuals. Aspiring interns must be committed to BALI's mission and share their core values of feminist ideals. All interns from all disciplines are invited to apply! Upper level Undergraduate students, graduate students, and post-graduate young professionals should apply. BALI accepts interns on a rolling basis through the calendar year. Please submit your resume and cover letter to: [contact@abzuginstitute.org](mailto:contact@abzuginstitute.org) and title the subject of your email "Internship Program Inquiry"

For more info: <http://bit.ly/2keJj6l>

### **Immigration Assistance at Gouverneur's Health**

Gouverneur's Health Center recently became a site for Action NYC, the NYC Mayor's program that provides free immigration lawyers and assistance to patients and the general community. To make appointments directly, interested folks can call 311 and say "Action NYC" to be directed to the program's hotline. The program takes place at Gouverneur's Health Center at 227 Madison Street, Manhattan, New York every day of the week except for Tuesdays. Appointments take place in the mornings; both lawyers speak Spanish, and one paralegal speaks Mandarin. People can request meetings about any topic involving immigration status, including information about their rights, requesting visa assistance, and exploring benefits or entitlements.

### **Museum of Chinese in America (MOCA) Free First Thursday**

Free gallery admission first Thursday of each month except on major holidays. Visit the museum to learn more about Chinese-American history through videos, oral histories, photographs and written documents that bring the experiences and histories of this vibrant immigrant community to life.

For more info: <http://www.mocanyc.org>



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### Smithsonian Institution

The Smithsonian Institution is the world's largest museum, education, and research complex. While they have many internships, volunteering and research opportunities for youth, they also offer eleven museums and galleries on the National Mall and six other museums and the National Zoo in the greater National Capital Area for teens to learn and explore. Check out their website to find out more about the events museums are hosting free for youth and public!

For more info: <https://www.si.edu/events/calendar>

### The High Line

Through excellence in operations, stewardship, innovative programming, and world-class design, Friends of the High Line seek to engage the vibrant and diverse community on and around the High Line, and to raise the essential private funding to help complete the High Line's construction and create an endowment for its future operations. They offer many free events and volunteering opportunities to the public. The warm months are very popular times to visit the featuring art galleries, remarkable gardens and amazing views of the city.

For more info: <http://www.thehighline.org/>

### El Museo Del Barrio

El Museo Del Barrio, New York's leading Latino cultural institution, welcomes visitors of all backgrounds to discover the artistic landscape of Latino, Caribbean, and Latin American cultures. Their richness is represented in El Museo's wide-ranging collections and exhibitions, complemented by film, literary, visual and performing arts series, cultural celebrations, and educational programs. Manual wheelchairs and stools are available on a first-come first-serve basis at coat check, free of charge.

For more info: <http://www.elmuseo.org/>

### General Assembly Workshops

A well-known boot-camp that focus on providing courses on full stack development, web development, data science, and product management, is now PROVIDING FREE weekly workshops on a variety of tech topics such as UX design and digital marketing, etc. Free workshops in a reputable school like General Assembly are rare. If you are interested, feel free to check out their website for more information on their workshops. Bring a friend or if you know anyone who are aspiring to get into the IT field, share this awesome resource with them!

For more info: <http://ga.co/QFIWPW>